

RSE

Year group: 1

Term: Summer

Keeping safe

How rules and age restrictions help us; keeping safe online

Prior knowledge

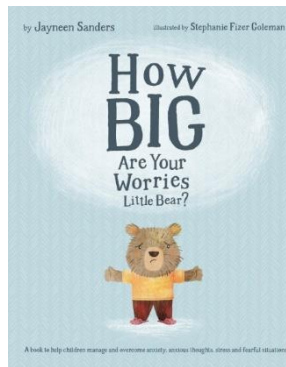
- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.
- Give focused attention to what the teacher says, responding appropriately even when engaged in an activity, and show an ability to follow instructions involving several ideas or actions.
- Explain the reasons for rules, know right from wrong, and try to behave accordingly.

National Curriculum Objectives

By the end of primary school:

Pupils should know

- how to recognise and report feelings of being unsafe or feeling bad about any adult.
- how to ask for advice or help for themselves or others, and to keep trying until they are heard.
- how to report concerns or abuse, and the vocabulary and confidence needed to do so.

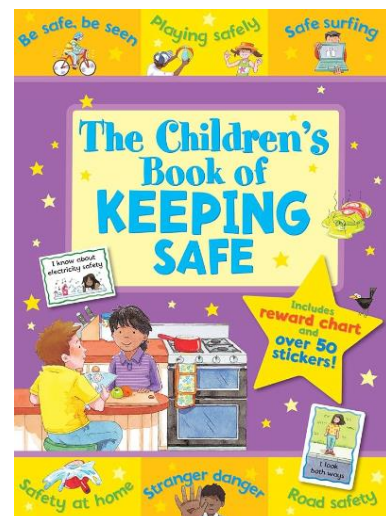


Topic overview

Stay safe and be kind. Even on your bad days, be kind. Not only to others, but to yourself.

By the end of this unit, I will be able to:

- how rules can help to keep us safe
- why some things have age restrictions, e.g. TV and film, games, toys or play areas
- basic rules for keeping safe online
- whom to tell if they see something online that makes them feel unhappy, worried, or scared



Key vocabulary

recognise, safe, restrictions, online, trust, feelings